High Point YachtFest Gocek, Turkey 18<sup>th</sup> to 25<sup>th</sup> October 2008

ertel





# TABLE OF CONTENTS

Welcome Note	3
SAFETY	4
Skippers' responsibility	4
Emergency Calls by VHF	4
First Aid & Medical Emergencies	4
Medical Assistance Telephone Numbers:	4
VHF Radio Procedures	
GPS	5
NOTICE OF RACE AND SAILING INTRUCTIONS	6
General	6
Courses and Pre-race Briefings	
Skippers Briefings	6
Start Procedure	
Flag Signals	6
Finishing Procedure	6
Penalties and Protests	7
Berthing	
Anchors / Spinnakers	7
Radio Check / VHF Procedure	7
Waypoint Listing	7
ITINERARY	8

The Route	
Göcek	9
Cold Water Bay	9
Fethiye	
Kapi Creek	
Fisherman's Bay	
CREW PRESENTATIONS	12

# INTRODUCTION

#### Welcome Note

#### Dear Sailors,

Welcome to Turkey! Welcome to High Point YachtFest 2008! Welcome to Gocek!

2008 is the first year for High Point regattas and we have a very small fleet. It will be an informal and intimate week, blending the sailing with great cuisine and in good company. Gocek has a great climate and stunning scenery. We have planned to alternate

nights in marinas with nights in secluded anchorages. This is so that we can stock up with water and provisions for two days and then enjoy evenings together in some of the area's most beautiful bays. We anticipate a truly local flavour and, as in the picture, you can expect to be visited on the water by locals offering pancakes or fresh fish – delicious!!

The detailed itinerary is explained in the following pages, but here's a summary. The week will start in Gocek. After checking in and taking over your boat, there will be a welcome party in Blues Bar at around 19:30 where we will all meet for the first time. On the Sunday morning, 09:00 we will meet up to agree the plan for the day, including the day's course(s), expected weather, and anything else that's on your mind. Our first destination will be Cold Water Bay, near Gemiler island where we have organised a dinner for all at a small restaurant. Day 2 we go

to Fethiye where the town has so much to offer that we have not organised anything specific. Next stop is Kapi Creek, a beautiful secluded bay, again with dinner organised. After another evening in Fethiye we will go to Fisherman's Bay (Osman's Place) where we will dine by the waterside all together. Then it's back to Gocek for the prize-giving which will be in the Can Restaurant at the west end of the promenade, part of the Skopea Marina. And finally it's check-out at 09:00. No need to worry about cleaning or refuelling, both are included.

On the sailing side, because we are a small fleet we will use "gate" starts rather than the conventional type. A "rabbit" (John's boat) will tack towards an upwind mark. After an announcement, when the "rabbit" is on the next port tack the other starters will cross



behind him on starboard tack. It is a simple and effective way and will be explained in more detail on the first day. Again because we are a small fleet we can have more than one race each day, if we want, maybe with a lunch break at anchor in between. In October, the water is typically 29 degrees centigrade so swimming is not the bone-chilling experience it usually is in the sea.

We are confident you will enjoy High Point 2008 enormously and that it will be a safe, incidentfree event. If you have any concerns or suggestions about safety or enjoyment please feel free to share them with any of us at any time.

Your hosts for the week are Sasha King, John Hall Hall, Mandy Meens, Dave Henderson and Mary Loftus. Our thanks go to Bulent Fidan and Mustafa Gençaslan who have helped us throughout the year.



SAFETY

<u>Please always remember</u>:

# 

# Skippers' responsibility

Whilst we will do our utmost to make the event safe, each boat (i.e. skipper and crew) is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in this Log Book or anywhere else, reduces this responsibility.

It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.

The boat is required to hold adequate insurance against third party claims and is recommended to hold personal medical insurance which includes medical repatriation cover.

Nothing we do can reduce your responsibility for safety nor will it make us responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of your participation in the High Point YachtFest mini-regatta. We expect that you will do crew briefings and MOB drill as appropriate to your crew. It is your responsibility to ensure that your crew wear life-jackets when appropriate (e.g. in dinghies, at night, in fog, strong wind conditions, etc). Please ensure your skipper is aware of any relevant medical conditions that would affect safety (e.g. epilepsy, diabetes, heart conditions, etc.). Such information will be treated as confidential.

#### Emergency Calls by VHF

If you are in difficulty, please call John in the first instance on VHF channel 71. If you make a "Mayday", "PAN-PAN" or "PAN PAN Medico" call direct to the Turkish authorities, Please let John or another of the High Point yachts know.

# First Aid & Medical Emergencies

A first aid unit is available within Fethiye Marina for minor accidents or injuries. In case of a major emergency an ambulance service will be at the Marina in less than 10 minutes.

#### Medical Assistance Telephone Numbers:

Ambulance	112
State Hospital	90 252 614 40 17
Esnaf Private Hospital	90 252 614 43 00

Channel	Purpose	Comment			
16	Safety and Emergency	By telephone, dial 158 or +90 252 412 7722 (service i English speaking).			
		This channel also announces forecasts and weather warnings.			
71 (or 68)	Fleet Communication	Instructions from John's boat to HPYF fleet, for radio checks and for HPYF yachts to call up John.			
		Also call-up channel for you to call another HPYF yacht. Move to an available working channel if you want a long conversation (Channels 06, 08, 74, 75, 76, 77, 88, or 69 are suitable).			
	12. 2 m	Channel 68 will only be used only if 71 is not available.			
67	> Weather Forecast	Forecasts will be announced on Ch 16, heard on Ch 67.			
73	🕨 Göçek - Port Göçek	Call sign "Port Göçek". John and Berthold Schultz's base.			
13	> Göçek - Municipal Manina	Call sign "Municipal Marina"			
	Marina	Base for Martin Suter.			
72	🕨 Göçek - Skopea Marina	Call sign "Skopea Marina" – Duncan MacPhee's base.			
73.16	Fethiye - Ece Marina	Call sign "Ece Marina"			
	John will monitor channels 71, 68 and 16 while the fleet is at sea.				
	If you can, please also monitor these three channels while at sea. Otherwise just 71 (or 68 if we're using that one).				

# **VHF** Radio Procedures

# GPS

Please set your GPS datum to "WGS 84", position format to "hddd<sup>o</sup> mm.mmm" and time offset to give correct local time.

# NOTICE OF RACE AND SAILING INTRUCTIONS

#### General

HPYF 2008 will take place out of Göçek in Turkey from 18<sup>th</sup> to 25<sup>th</sup> October 2008. The route, weather permitting, will be Göçek, Cold Water Bay, Fethiye, Kapi Creek, Fethiye, Fisherman's Bay and then back to Göçek.

John Hall Hall will be your Race Officer and his boat will be the "rabbit" for race starts (see below). The event will be sailed under ISAF's "Racing Rules of Sailing for 2005 - 2008".

The event will consist of 6 (maybe more if wanted) races (legs) with the worst result discarded. The overall ranking will be in order of lowest points score. Ties will be decided based on each yacht's best performances. The overall winners will receive a trophy and a prize for each crew member.

#### Courses and Pre-race Briefings

Briefings will be held every morning on one of the boats (best coffee) or in a nearby cafe. All skippers and crews are welcome and it is an opportunity for feedback to make the event how you want it.

Where possible the day's course(s) will be given at the briefing, but if the weather is variable, it may be done by VHF on the water. If practical, the start, finish and course marks will be selected from the list of waypoints given at the end of this section so it is worth pre-loading these into your GPS (using WGS 84 datum!).

#### **Skippers Briefings**

#### Start Procedure

The normal starting procedure for this small fleet will be a "gate" start. John's boat will act as the "Rabbit" which approaches the windward mark on Port tack and the other entrants cross behind him on Starboard tack. The "rabbit" may trail a fender to reduce risk of collision - you must start behind the fender without touching it. The start of the rabbit's run will be preannounced by VHF and you must start before the rabbit overstands the windward mark. This procedure will be explained in more detail in a briefing before the first start.

#### **Flag Signals**

John's boat will fly Flag "N" if the race is abandoned and communication is not working by VHF. In that case, it is each skipper's responsibility to decide whether to head for the originally intended destination or to choose a safer haven (e.g. Fethiye) if abandonment was due to poor weather. The intent will be that we all go to the same place.

No other flag signals will be used.

The finishing line will be defined as a bearing to a conspicuous mark and you must record your own finishing time using the time display on your GPS. The time limit for each leg will be 17:30 unless an earlier time is specified by the Race Officer.

#### **Penalties and Protests**

A 360° turn is the penalty for breaking a rule, or two 360° turns for a right-of-way rule (ISAF Part 2). We're not expecting any protests beyond a request for a round of drinks by the victim's crew. We're here to enjoy ourselves!

#### Berthing

Where possible, we will berth up together each evening. We have pre-arranged this in Gocek and all the anchorages, but not in Fethiye. We will request berths together in Fethiye on the day.

#### Anchors / Spinnakers

Anchors can be left in place on the bow when racing, but don't use it to make holes in other yachts, especially the "rabbit" at the start!

Spinnakers, cruising chutes, jib poles and other equipment, such as boat-hooks are not allowed to be used to assist with boat speed or in a threatening manner.

#### Radio Check / VHF Procedure

We will have a radio check on the first day only. After that, if you have reason to doubt your radio please ask for a check.

# Waypoint Listing

waypoint	LISTING						
HP01	N36 43.930	E28 56.780		HP15	N36 34.038	E28 49.502	
HPO2	N36 44.080	E28 57.030		HP16	N36 32.576	E29 00.585	
HPO3	N36 44.180	E28 55.800		HP17	N36 32.440	E29 03.640	
HPO4	N36 44.110	E28 56.180		HP18	N36 31.920	E29 04.220	
HP05	N36 43.680	E28 56.030		HP19	N36 31.660	E29 06.900	
HP06	N36 43.750	E28 55.320		HP20	N36 37.670	E28 45.800	
HP07	N36 42.820	E28 55.710		HP21	N36 39.270	E28 53.400	
HP08	N36 41.330	E28 53.790	-	HP22	N36 39.700	E28 52.310	
HP09	N36 40.380	E28 59.270		HP23	N36 39.230	E29 05.780	
HP10	N36 40.362	E29 01.264		HP24	N36 38.766	E29 05.140	
HP11	N36 38.860	E28 54.920		HP25	N36 38.860	E29 03.910	
HP12	N36 37.710	E28 53.890		HP26	N36 39.188	E29 02.624	
HP13	N36 36.320	E28 57.450		HP27	N36 33.400	E29 01.810	
HP14	N36 35.910	E29 01.370					

# ITINERARY

# The Route

Saturday Sunday Monday Tuesday Wednesday Thursday Friday Saturday Meet in Gocek. Welcome party. Gocek to Cold Water bay Cold Water bay to Fethiye Fethiye to Kapi Creek Kapi Creek to Fethiye Fethiye to Fisherman's Bay (next to Hillside) Fisherman's Bay to Gocek, Prize-giving party Check out yachts by 09:00



#### Göcek





# Cold Water Bay

N36 33.8 E29 04.9

There is one small restaurant here and we have pre-arranged dinner ashore. The bay is only accessible by boat and a small footpath so you can imagine the lack of facilities here. The restaurant will sell beer, wine and local spirits. Cold Water Boy

Port Göcek Marina:-Location – N 36° 44.92′, E 28° 56.43′ VHF Channel 73, call sign "Port Göcek"

Göcek Municipal Marina:-Location – N 36° 45.19', E 28° 56.40' VHF Channel 73, call sign "Municipal Marina"

Skopea Marina:-

Location - N 36° 45.26′, E 28° 56.24′

VHF Channel 72, call sign "Skopea Marina"

Goöek is the starting point and you will find all the information you require at check-in. There are plenty of shops and restaurants and after checkin there will be a welcome party in Blue's Bar. We can moor up free of charge in the Municipal Marina which is where Martin and John's boats will be. The Duncan and Berthold are welcome to move alongside if they wish.

#### Fethiye

N36 37.5 E29 06.1

VHF Channel 73 - "Ece Marina"

In Fethiye, we will moor up as directed by the marina staff, hopefully all together. There are all the facilities you could want in Fethiye and there is plenty to do. Visit the markets, shops, restaurants and bars, go to the Turkish baths and stroll up the hill to see the Lycian rock tombs carved into the cliffs.

Fethiye occupies the site of the ancient city Telmessos, with an impressive ancient theatre and numerous Lycian



rock tombs. The bazaar is the biggest in the area and is a must for bargain hunters or those looking for strange herbs! On a previous October visit we went to the nearby fish market, bought some fish and then had it cooked for us in one of the restaurants around the market. It was delicious and a great atmosphere for eating out.

Although the town was largely destroyed by an earthquake in 1956, Fethiye is home to several remarkable ancient sites. The most conspicuous are the rock tombs dating from the 4th century BC carved in the hillside above the town. Beside the harbour is the Roman amphitheatre and the crumbling remains of a medieval castle built by the Knights of St John. There is a good selection of restaurants on the harbour front and in the narrow streets of the old town.

Branches of all major Turkish banks with exchange facilities are available in the town of Fethiye, and there is an ATM at the marina. For email addicts, there is free wifi available throughout the marina.

#### Kapi Creek

#### N36 38.6 E28 53.6

In Kapi Creek there is a water-side restaurant where dinner is organised for us. We will moor alongside the pontoon right outside the restaurant. There are toilet facilities and nothing much else.



# Fisherman's Bay

# N36 36.9 E29 03.2

We will moor up in the bay alongside the pontoon right outside the restaurant, like at Kapi Creek.

This quiet bay is similar to the previous anchorages and has just a single restaurant. We had a superb meal here in 2007 for 500 participants and we expect it to be equally special for our small gathering.



# CREW PRESENTATIONS





