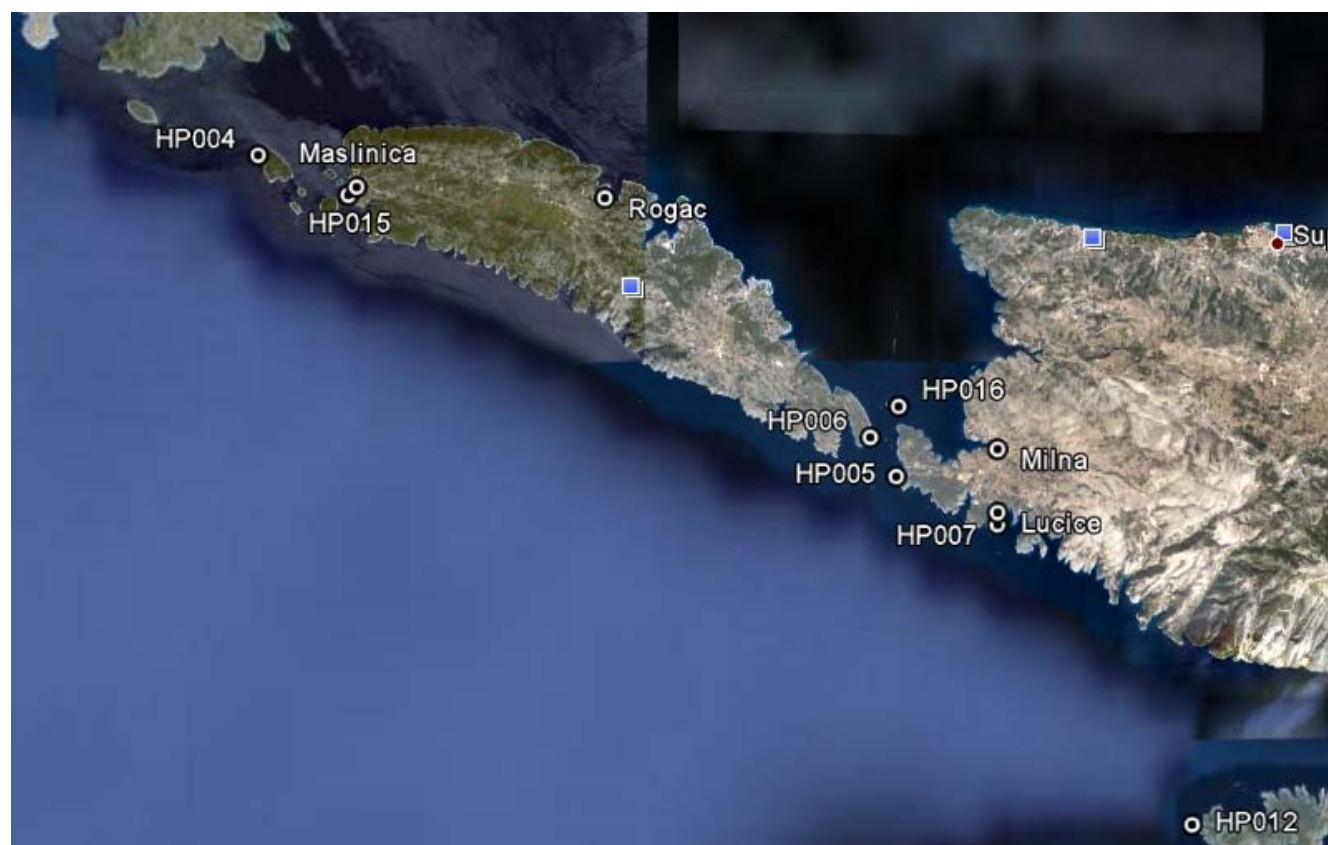
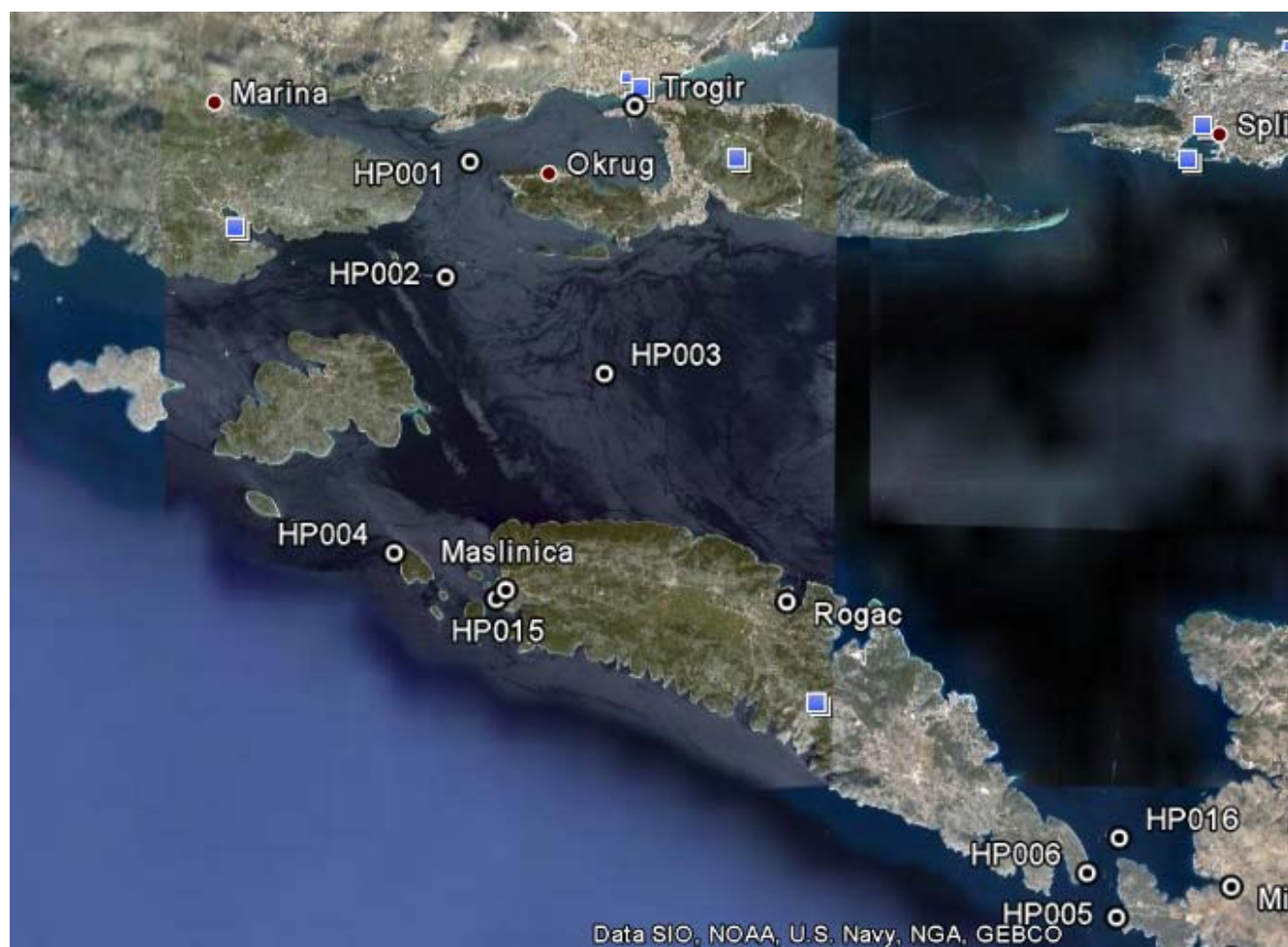


High Point YachtFest
Trogir, Croatia
3rd to 9th October 2009





INTRODUCTION

Welcome Note

Dear Sailors,

Your hosts, Sasha King, John Hall Hall, Mandy Meens and Dave Henderson welcome you to High Point YachtFest 2009 and to Trogir - the most fabulous sailing area in the whole Mediterranean!



2009 is the second year for High Point regattas and again we have a very small fleet. This makes it unnecessary to book everything in advance and instead our plans can be flexible to make the best of the conditions. It will be an informal and intimate week, blending the sailing with great cuisine and in good company.

The intended itinerary is explained in the following pages, but here's a summary. The week will start in the beautiful town of Trogir. After checking in and taking over your boat, we will meet up in the main piazza in the centre of Trogir near the cathedral from about 18:00. At 19:30, once we're all together we will go to the restaurant for our first dinner and the welcome party. On the Sunday morning, 09:00 we will meet up to agree the plan for the day, including



the day's course(s), expected weather, and anything else that's on your mind. Our first destination will be the Bay of Lucice on Brac island where we will anchor for the night. Day



2 we go to the port of Starigrad, a safe haven on the island of Hvar. Our next stop will be in an anchorage in the archipelago of Pakleni in Palmizana Bay opposite an ACI marina. Here we will dine in one of the best and most famous restaurants in the area. On day 4, we will go to the island of Vis, first opened to the public in the 1990's and with much of its 6th century history therefore well preserved. Here we will anchor near the old town of Kut or in the shelter of the peninsular on the other side of the bay. Our final destination before returning to Trogir will be Maslinica on the Island Solta, either in port or at anchor. The prize-giving knees-up will be on Friday evening in Trogir.

On the sailing side, because we are a small fleet we will use "gate" starts rather than the



conventional type. A "rabbit" (John's boat) will tack towards an upwind mark. After an announcement, when the "rabbit" is on the next port tack the other starters will cross behind him on starboard tack, ideally on a beam reach, hardening up to close-hauled for maximum speed. It is a simple and effective way and will be explained in more detail on the first day. Again because we are a small fleet we can have more than one race each day, if we want, maybe with a lunch break at anchor in between.

In October, the water is typically 21 degrees centigrade so swimming is not the bone-chilling experience it is earlier in the season.

We are confident you will enjoy High Point 2009 enormously and that it will be a safe, incident-free event. If you have any concerns or suggestions about safety or enjoyment please feel free to share them with any of us at any time.



SAFETY



ButSAFETY ALWAYS COMES FIRST!

Skippers' responsibility

Whilst we will do our utmost to make the event safe, each boat (i.e. skipper and crew) is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in this Log Book or anywhere else, reduces this responsibility.

It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.

The boat is required to hold adequate insurance against third party claims and is recommended to hold personal medical insurance which includes medical repatriation cover.

Nothing we do can reduce your responsibility for safety nor will it make us responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of your participation in the High Point YachtFest mini-regatta. We expect that you will do crew briefings and MOB drill as appropriate to your crew. It is your responsibility to ensure that your crew wear life-jackets when appropriate (e.g. in dinghies, at night, in fog, strong wind conditions, etc). Please ensure your skipper is aware of any relevant medical conditions that would affect safety (e.g. epilepsy, diabetes, heart conditions, etc.). Such information will be treated as confidential.



VHF Radio Channels

<u>Channel</u>	<u>Purpose</u>	<u>Comment</u>
16	Safety	Split is on 24 hour watch monitoring channel 16. Use for Mayday or PAN-PAN calls if necessary
17	ACI Marinas	Most marinas in Croatia monitor channel 17.
07, 21, 23 & 81	Weather	Broadcast at 05:45, 12:45 and 19:45 each day
67	Split Harbour Master	
71	HPYF Inter-ship	We may choose different channel if 71 is in use, e.g. by trawlers, etc.

GPS

Please set your GPS datum to "WGS 84", position format to "hddd° mm.mmm" and time offset to give correct local time.

NOTICE OF RACE AND SAILING INTRUCTIONS

General

HPYF 2009 will take place out of Trogir in Croatia from 3rd to 9th October 2009. The route, weather permitting, will be Trogir, Lucice, Starigrad, Palmizana, Vis, Solta and then back to Trogir.

John Hall Hall will be your Race Officer and his boat will be the "rabbit" for race starts (see below). The event will be sailed under ISAF's "Racing Rules of Sailing for 2009 - 2012".

The event will consist of 6 (maybe more if wanted) races (legs) with the worst result discarded. The overall ranking will be in order of lowest points score. Ties will be decided based on each yacht's best performances. The overall winners will receive a trophy.



Courses and Pre-race Briefings

Briefings will be held every morning on one of the boats (best coffee) or in a nearby cafe. All skippers and crews are welcome and it is an opportunity for feedback to make the event how you want it.

Where possible the day's course(s) will be given at the briefing, but if the weather is variable, it may be done by VHF on the water. If practical, the start, finish and course marks will be selected from the list of waypoints given at the end of this section so it is worth pre-loading these into your GPS (using WGS 84 datum!). If you have a Garmin GPS you can receive the waypoints by email on request.

Morning Briefings

We will meet each morning to discuss and agree the plan for the day that best suits the weather and everyone's preference. Everyone is welcome and it may be on one of the boats or in a restaurant with fresh coffee and pastries.

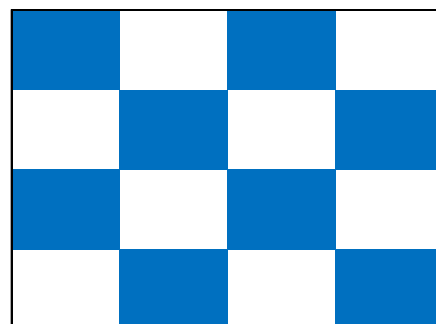
Start Procedure

The normal starting procedure for this small fleet will be a "gate" start. John's boat will act as the "Rabbit" which approaches the windward mark on Port tack and the other entrants cross behind him on Starboard tack. The "rabbit" may trail a fender to reduce risk of collision - you must start behind the fender without touching it. The start of the rabbit's run will be pre-announced by VHF and you must start before the rabbit tacks to avoid overstanding the windward mark. This procedure will be explained in more detail in a briefing before the first start.

Flag Signals

John's boat will fly Flag "N" if the race is abandoned and communication is not working by VHF. In that case, it is each skipper's responsibility to decide whether to head for the originally intended destination or to choose a safer haven if abandonment was due to poor weather. The intent will be that we all go to the same place.

No other flag signals will be used.



Finishing Procedure

The finishing line will be defined as a bearing to a conspicuous mark and you must record your own finishing time using the time display on your GPS. The time limit for each leg will be 17:30 unless an earlier time is specified by the Race Officer.

Penalties and Protests

A 360° turn is the penalty for breaking a rule, or two 360° turns for a right-of-way rule (ISAF Part 2). We're not expecting any protests beyond a request for a round of drinks by the victim's crew. We're here to enjoy ourselves! In marginal cases (e.g. protested penalties) the penalty will be "reduced" to a 180° turn!!!!

Berthing

We will berth up together each evening, whether in an anchorage, port or marina.

Anchors / Spinnakers

Anchors can be left in place on the bow when racing, but don't use it to make holes in other yachts, especially the "rabbit" at the start!

Spinnakers, cruising chutes, jib poles and other equipment, such as boat-hooks are not allowed to be used to assist with boat speed or in a threatening manner.

Radio Check / VHF Procedure

We will have a radio check on the first day before we leave harbour.

Waypoint Listing

Please pre-load the following waypoints into your GPS - be sure to set to WGS 84 datum first, otherwise when you will have to correct them all later!

Destinations			Possible Course marks		
Place	Good for	Lat/Long	WPT No	Description	Lat/Long
Trogir	All	N43 30.8 E16 14.9	HP001	E Cardinal	N43 30.032 E16 11.621
Lucine	All but S	N43 18.6 E16 26.8	HP002	Light Fl 5s	N43 28.374 E16 11.136
Stari Grad	All	N43 11.1 E16 35.7	HP003	Isolated Danger	N43 26.994 E16 14.309
Palmizana	All but N & NE	N43 09.9 E16 23.9	HP004	Starboard Mark	N43 24.409 E16 10.127
Vis	All but NE	N43 03.8 E16 11.2	HP005	Light Fl 5s	N43 19.187 E16 24.523
Maslinica	E'lies	N43 23.9 E16 12.4	HP006	Light Fl (2)5s	N43 19.825 E16 23.939
Alternative "Safe Haven" destinations			HP007	E Edge of land	N43 18.402 E16 26.801
Place	Good for	Lat/Long	HP008	Light Fl 6s	N43 10.164 E16 18.758
Milna	All winds	N43 19.6 E16 26.8	HP009	Light Fl 4s	N43 09.464 E16 27.204
Hvar	All but WNW	N43 10.2 E16 26.4	HP010	Isolated Danger	N43 10.102 E16 23.743
Rogac	All but NE	N43 23.7 E16 17.9	HP011	Light Fl(3) 10s	N43 11.730 E16 22.137
			HP012	Light Fl(2) 5s	N43 13.512 E16 31.180
			HP013	Lt on E pier	N43 10.887 E16 34.628
			HP014	Light Fl 2s	N43 05.130 E16 11.649
			HP015	Lighthouse	N43 23.755 E16 12.174
			HP016	Island	N43 20.330 E16 24.578

ITINERARY

The Route

Saturday	Meet in Trogir. Welcome party, 19:30.
Sunday (anchorage)	Trogir to Bay of Lucice, on SW coast of Brac island
Monday	Bay of Lucice to Stari Grad, inlet on NW of Hvar island (port)
Tuesday	Hvar island to Palmizana bay, N side of archipelago at W end of Hvar (anchorage)
Wednesday	Palmizana bay to bay on N side of Vis (port)
Thursday	Vis to Maslinica on West end of Solta (port or anchorage)
Friday	Solta back to Trogir
Saturday	Leave Trogir 09:00, sail to Kastela by 11:00 for check-out.



Trogir (N43 30.840 E16 14.906)

We will start and end the week in the ACY Marina Trogir, on the north side of the island of Ciovo.

Sitting, compactly on its own tiny island between the mainland and the island of Ciovo, the island of Trogir is dominated on its western side by the Kamerlengo fortress and resembles a moated castle.

Inside, a beautiful miniature city opens up with several churches, monasteries, and innumerable bars, restaurants and a daily market. Its street plan dates back to the Hellenic period. The centre piece of the town is the main piazza enclosed by the Cathedral of Sveti Ivan (St. John). The most interesting artistic feature of the Cathedral is the Romanesque portal at the west end, by one of Croatia's greatest sculptors, Master Radovan. At a right angle to the Cathedral is the beautiful old Italianate town hall, with its imposing clock tower.

Trogir is renowned as the home of Kyros, the Greek deity. The famous relief of the fleeing God lies in an 11th century Benedictine nunnery. He is a reminder to us that life is fleeting and it is important to seize the moment. Visiting Croatia from there we will go to the restaurant at about 19:30.

4th October.

First skippers briefing will be at 0900hrs at the ACI marina or on the boats. Then we sail to.....

Bay of Lucice (N43 18.6 E16 26.8)



This bay is the perfect first stop-over after leaving Trogir. After passing Splitska Vrata (the channel between Brač and Šolta), it is the second bay in easterly direction along the southern coast of Brač. We are not allowed to anchor

here, but there are mooring buoys available or we can moor up on the jetty. Cash is required for mooring fees - approx 15 Euros.

Evening at the restaurant Lucice - authentic little restaurant within the pine woods run as a family business. (Payment will be in cash.)



5th October

After a skipper's briefing at 09:00 on one of the boats or in the restaurant Lucice, we sail to Stari Grad, island of Hvar - mooring on the Riva (waterfront) - 200KN per boat (approximately Euros 30).

'Free' evening (no booked restaurant).

Stari Grad, Hvar Island (N43 11.060 E16 35.688)

Stari Grad (literally Old Town) is located on the northern side of the island of Hvar. One of the oldest towns in Europe, its position at the end of a long, protected bay, next to prime agricultural land has long made it attractive for human settlement. Originally called Faros, it was first settled in 384 BC.

Many of the streets are of Greek origin (4th c BC), and there are remains of the original city walls. Also worth visiting is the house of the Croatian writer, Petar Hektorovic (Hektorivicev Tvrđalj), and the churches of St Nicolas, St John and St Stephen. The church of the town's Dominican monastery houses a painting by Tintoretto - The Burial.

Situated in a deep bay, Stari Grad has always been a safe harbour to sailors and is immune to all winds except the most violent westerlies - The Sirocco can cause the sea level to rise in the harbour. The best moorings are on the south side where it is deeper than the north.



6th October

Skipper's briefing at 0930hrs on the boats or in one of the cafes (fresh pastry/bread can be bought in one of the bakeries).

Sailing to Palmizana bay, anchoring in the east part of the bay or in the ACI marina if the weather is not good. When approaching take care to avoid the reef Baba (waypoint HP010), in front of the entrance into the cove.

Dinner at the Meneghello restaurant, one of the best in the area - 250KN per person, drinks included! (approximately €35).

Bay of Palmizana (N43 09.886 E16 23.898)



7th October

Skippers briefing at 09:00 hrs on the boats or at the restaurant. Sailing to Vis, mooring in Kut (unless the weather is difficult) - Elan 434 approximately Euros 50, Elan 384 approximately 324KN (Euros 45) - water and electricity.

Dinner at the restaurant 'Val' in Kut.

Vis (N43 03.786 E16 11.170)



The remote Croatian island of Vis is as impregnable as a Bond villain's lair and as beautiful as Capri before the tourists. Despite its picture postcard Mediterranean beauty, its olive groves and vines, its ancient ruins and deserted beaches, it has virtually no tourists. It seems the only foreigners who have discovered it are those like us who arrive by boat and moor here overnight.

Vis is the smallest of all the inhabited Dalmatian islands. It has only been open to tourists since the '90s so it is the least changed as well. Vis dates back to 6th c BC and the Greeks. Since its time as a Roman outpost, Vis has been one of the most historically significant islands in the Adriatic, from Napoleons times to the World War II. There are two small towns on the island, Vis and Komiza - both equally charming with excellent restaurants. Kut is the oldest part of Vis town with narrow streets and beautiful stone houses.

Where we moor up will depend on the weather when we arrive, either at anchor in the east part or tucked in close behind the peninsular on the west side.

8th October

After the usual 09:00 coffee and briefing, we sail to Maslinica - Jetty in front of the hotel (water and electricity) - 49Euros for Elan 384 and 56 Euros for Elan 434. Alternatively, we can anchor there or anchor in the bay of Sesula next door.

Evening to be arranged there and then.

Maslinica

Traditional village Maslinica is the only Šolta's village situated in the cove of the western part of the island. It has beautiful scenery of picturesque cove and pinewood in the southern side and also of its well-protected cove of Sesul and archipelago of seven islands.

Maslinica was made in 1703 when an aristocratic family Marchi asked from a Venetian "providur" permission to found a new settlement and to build a castle with towers for defense of frequent pirate attacks. Today the castle is turned into an attractive and a very famous restaurant "Conte Alberti".

Again, our mooring plans are weather-dependant, with Rogac Marina our "last resort" safe haven in case of extreme westerlies.



9th October

Our last day's sailing will take us back to Trogir, where we will have a dinner at 19:30 including the prize-giving and last night celebration.

10th October

We need to return the yachts to Kastela by 11:00, so we should leave Trogir by about 09:00.

A map of the Hawaiian Islands. A green island is labeled 'start'. To its right, a light blue dot is labeled 'Windward mark'. Dashed arrows indicate a path from the 'start' island towards the 'Windward mark' and then further towards the right.

Windward mark will be the edge of an island, a dropped fender or a navigation mark.

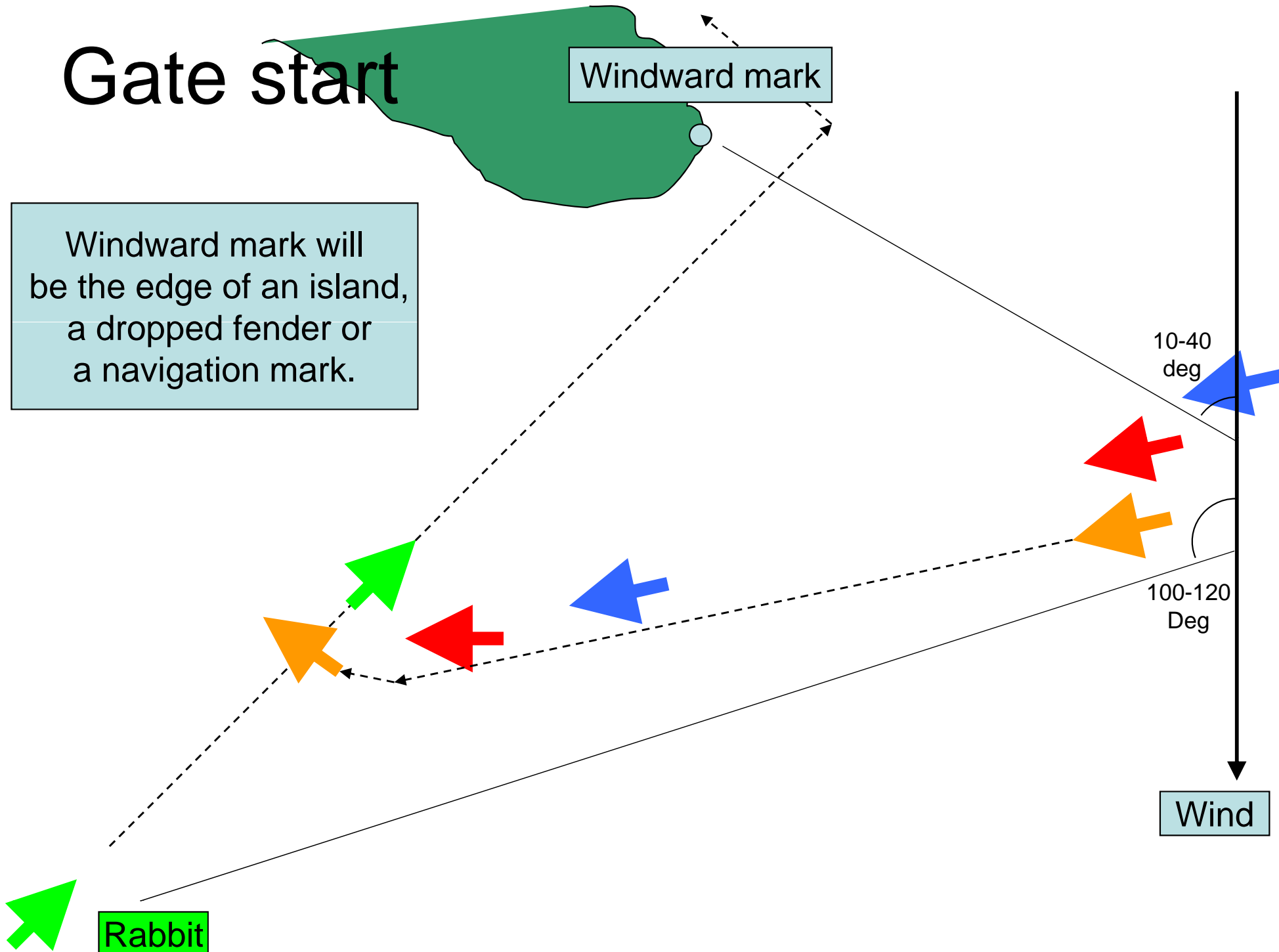
Windward mark

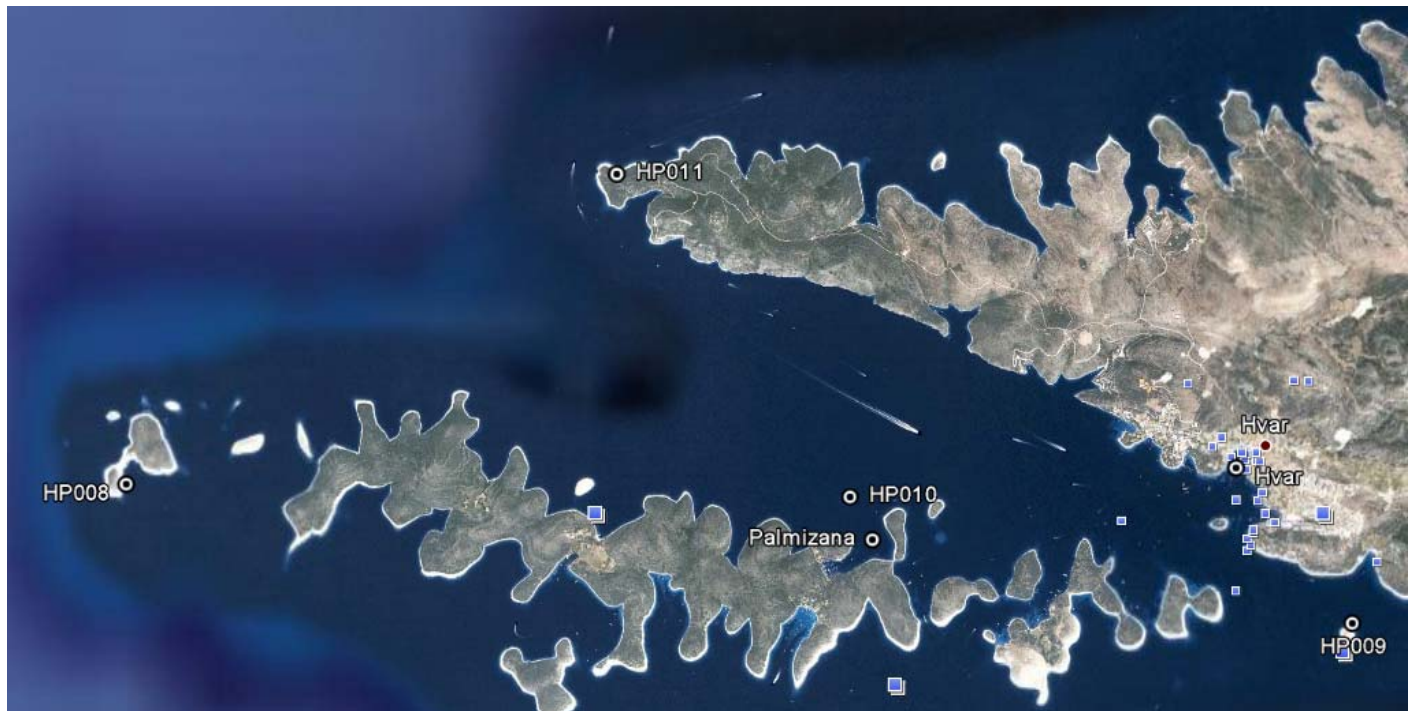
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deg

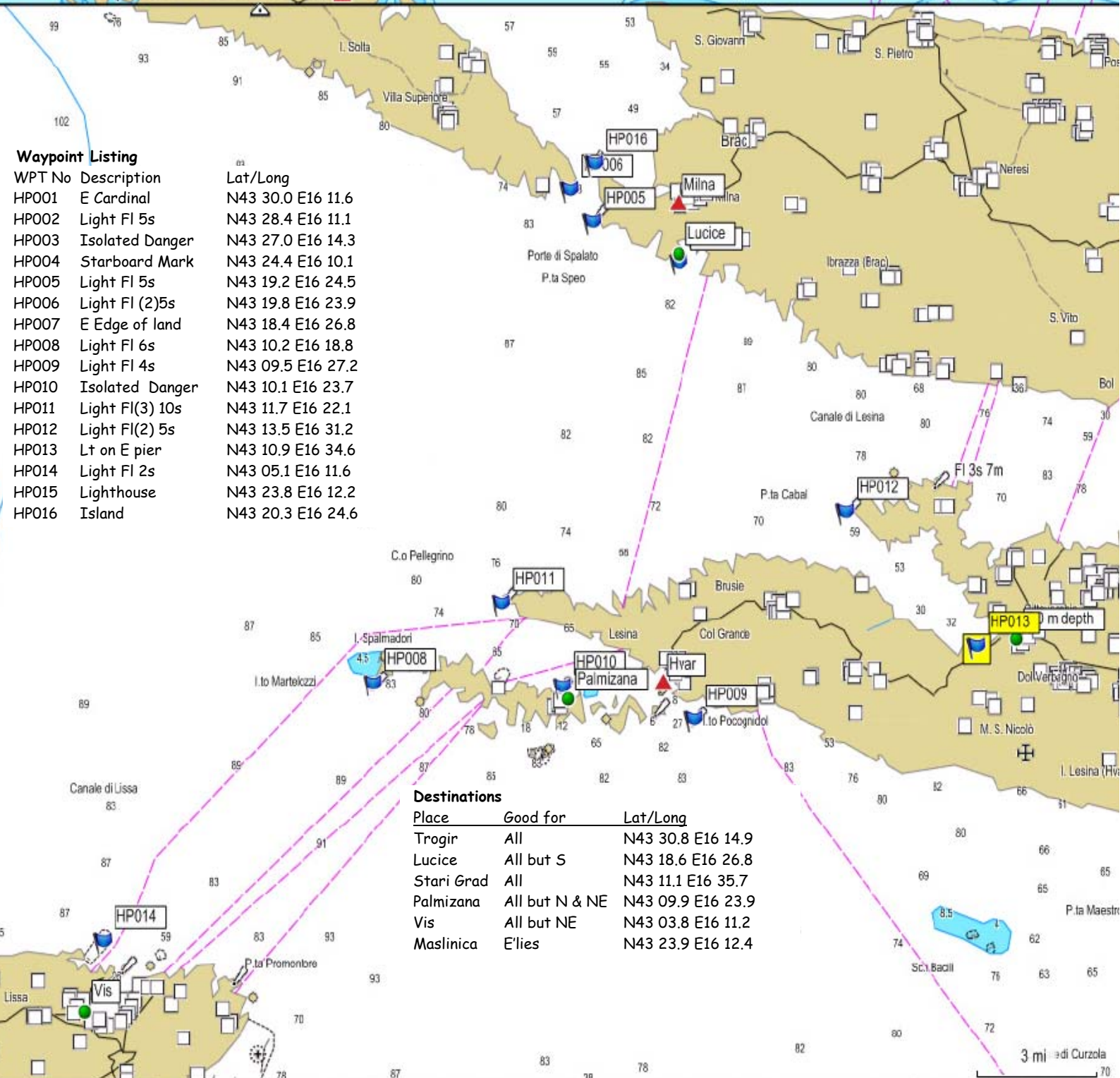
100-120
Deg

Wind

Rabbit







Waypoint Listing

WPT No	Description	Lat/Long
HP001	E Cardinal	N43 30.0 E16 11.6
HP002	Light Fl 5s	N43 28.4 E16 11.1
HP003	Isolated Danger	N43 27.0 E16 14.3
HP004	Starboard Mark	N43 24.4 E16 10.1
HP005	Light Fl 5s	N43 19.2 E16 24.5
HP006	Light Fl (2)5s	N43 19.8 E16 23.9
HP007	E Edge of land	N43 18.4 E16 26.8
HP008	Light Fl 6s	N43 10.2 E16 18.8
HP009	Light Fl 4s	N43 09.5 E16 27.2
HP010	Isolated Danger	N43 10.1 E16 23.7
HP011	Light Fl(3) 10s	N43 11.7 E16 22.1
HP012	Light Fl(2) 5s	N43 13.5 E16 31.2
HP013	Lt on E pier	N43 10.9 E16 34.6
HP014	Light Fl 2s	N43 05.1 E16 11.6
HP015	Lighthouse	N43 23.8 E16 12.2
HP016	Island	N43 20.3 E16 24.6

Destinations

Place	Good for	Lat/Long
Trogir	All	N43 30.8 E16 14.9
Lucice	All but S	N43 18.6 E16 26.8
Stari Grad	All	N43 11.1 E16 35.7
Palmizana	All but N & NE	N43 09.9 E16 23.9
Vis	All but NE	N43 03.8 E16 11.2
Maslinica	E'lies	N43 23.9 E16 12.4